Welcome to Outcome Mapping



- 1. To gain an "Outcomed" perspective on change and transition
- 2. To learn about Outcome Mapping Methodology
- 3. To be able to set a direction to get desired results- today



<u>Outcome Mapping</u> is an excellent methodology to enable individuals/groups to move to desired results with an action plan to move to committed outcomes in a painless and extremely positive process.

This skillset can be used in multiple settings and venues and works from an outcome solving perspective rather than the typical long agonizing problem solving model used in most organizations.

Why use Outcome Mapping?

- ➤ To learn and practice a new outcome (not problem solve) model that can be used personally as well as professionally
- To develop an outcome focused perspective
- > To understand the difference between outcome solutions vs problem solving.
- > To help identify and strengthen the skills and techniques associated with an outcome based thinking model
- ➤ To help develop an awareness of how outcome mapping can fit easily when committed to change that matters.
- > To provide the opportunity to develop an immediate application plan
- > To celebrate success in change that is sustainable

Contact AtEz team for 1:1 or group meetings to try out this amazing life changing process. It is fun, quick and sustainable in both personal and work applications.



Do you sometimes feel...



Frustrated?





Out of Sync?

Hopeless?



Does it Depend?????
Know what you want?
Know how to get there?
Have a plan?

Why I recommend this perspective:

"One of the core competencies for coaching that I have reaffirmed in my coaching practice has been th use of questions to drive action/clarity for clients. What I have found the most difficult for people is once they have chosen to move forward with their lives is to know where to move to.

It is one thing to awaken possibilities; it is another to be so overwhelmed with potential that it freezes yo in inaction.



Some good friends of mine- Bob Bostram and Vickie Lauson designed a model they have been using for years to facilitate dialogue, meetings, goals etc. called outcome mapping.

As an Executive Coach and Consultant, I have used it successfully in working with individuals, teams, and organizations. I believe it has tremendous potential in being an extremely effective tool for coaches to use to assist their clients from inaction to action that is aligned with purpose.

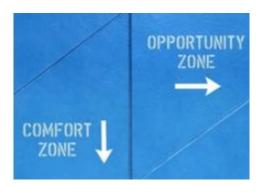
This model is based on outcome directed thinking and it is with Bob and Vickie's permission I share this innovative change process."

Diane Wendt

There are tremendous opportunities when indivudals, groups, organizations get stuck. Don't miss them...What can make a difference is expanding your toolbox with a new perspective
For yourself

For Work or Life

Outcome Based Thinking.



This way of viewing your world can move you to a new productive and positive place

And get you the results that YOU want...

My personal aha....



Life worked best for me when I became aware

of where I was



and who I was with-

... at the "moment"

Where are you? What impact can this have on how you and your life right now?



Where is the relationship "in the moment" with who you are connecting with... All change is personal?

..... What impact can outcome mapping have on your life and your relationships?

The Rules Are Changing ... Guaranteed

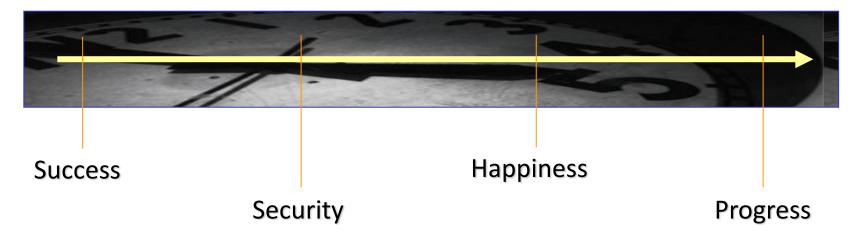


- Hard work doesn't guarantee success anymore
- Our worlds include increased surprises and increasing complexity
- Constant change is the only guarantee we have
- The future is not predictable



The Linear Rule Disappeared

Be honest, work hard & all this is yours!



What's Changing...What's Not!



- The average American will change jobs every two three years
- More Americans than ever before are starting their own business instead of working for someone else
- Company/employee loyalty is not valued in most organizations today
- Survival not joy in being part of making a difference is a daily toll faced by the workforce today.
- The need to belong and connect has never been stronger and more critical



Moving through this time of white water requires new skills and techniques

How to manage change, transitions and renewal is key!

Manage Change-Transition-Renewal Through Outcome Based Thinking....



"To Ask Questions is to be on the road to discovery....

our minds operate very well in terms of
questions...

Questions turn things around..." Sam Keen

"The OUTOME FRAME is one of the most powerful organizing principles one can learn...

...It is the behavioral manifestation of asking internal questions which direct our attention and energy on moving from a set of obstacle to a set of choices..."

Bob
Bostrom/Vicki Clauson

A key to high performance across all contexts has been the ability to develop articulate and stay focused on a compelling outcome.



Research and experience has also indicated the outcome thinking patterns are exceedingly learnable and applicable in any context.

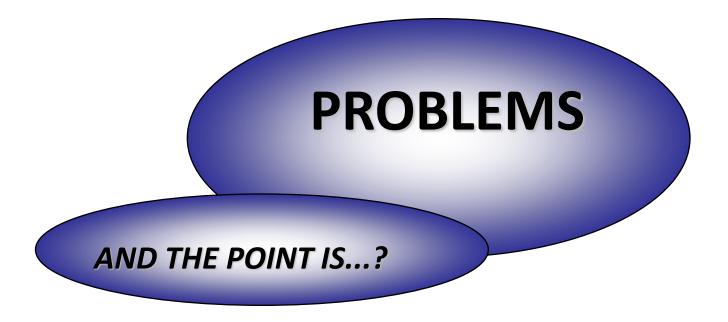
ASK YOURSELF...

*When you are coming from Problem Solving Perspective

WHY DO I HAVE THIS PROBLEM?

- WHAT CAUSED THIS PROBLEM?
- WHO IS TO BLAME?
- WHAT STANDS IN THE WAY OF SOLUTION?
- HOW LIKELY IS IT THAT I'LL SOLVE THIS PROBLEM?

PRESENT STATE



**SPIRALS INWARD TO ASCERTAIN ROOT CAUSE IMPORTANT TO DISCOVER BUT IT MAY NOT BE "ANSWER" TO DESIRED STATE (OUTCOMES)

ASK YOURSELF...

*When you are coming from Outcome Solving Perspective

WHAT DO I WANT INSTEAD OF THIS PROBLEM?

HOW WILL I KNOW WHEN I HAVE ACHIEVED THIS OUTCOME? (5 SENSES)

WHAT WILL I GAIN BY ACHIEVING THIS OUTCOME?

WHAT WILL I LOSE? IS IT WORTHWHILE?

WHAT RESOURCES DO I NEED TO ACHIEVE THIS OUTCOME?

WHAT IS THE FIRST STEP I CAN TAKE TO ACHIEVE THIS OUTCOME?

DESIRED STATE

OUTCOMES

WHERE ENERGY NEEDS TO BE FOCUSED!!

- Flipped Outcome:....
 - Well formed
 - Positive
 - Evidence
 - Control

- Worthwhile
 - Gains/losses
 - Resources
 - Representative

- Tapped Right
 - Chunk Up
 - Chunk Down





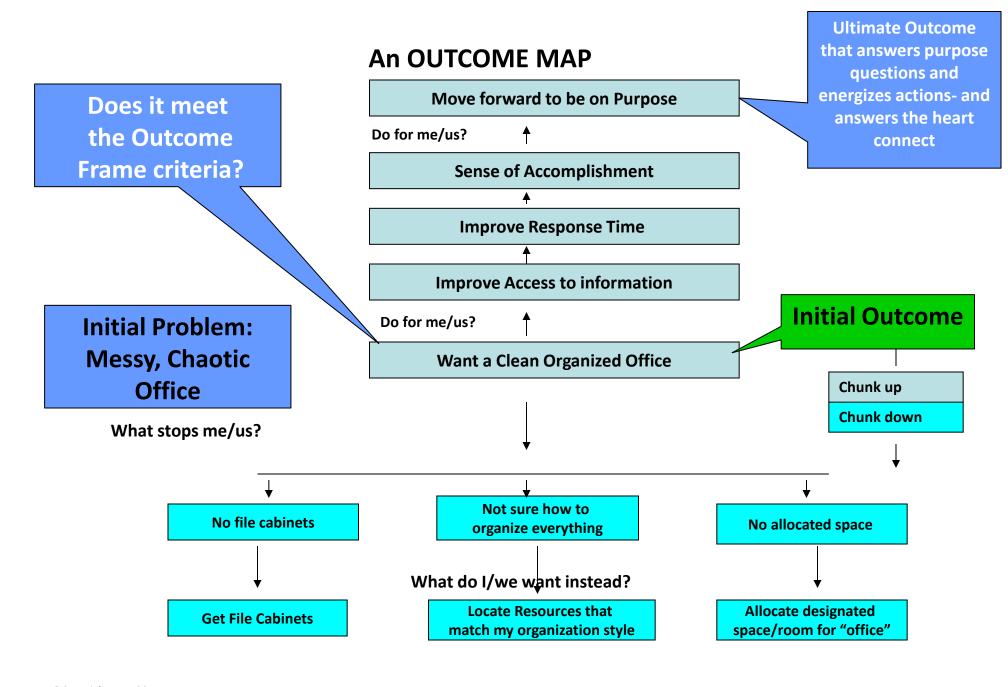
Sample Outcome Maps

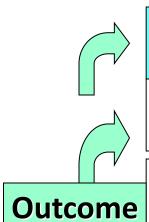
Below you will see how diverse Outcome Mapping can be. It can be an individual exercise to an organizational change. A good way to ease into this new skill is try something easy.

The number of steps can move both lateral and horizontals. Adult learners tend to work in 3's.

Sample Outcomes:

- 1. Quick take- Clean Workspace
- 2. Getting Direction
- 3. Choosing Career





Moving to Be on Purpose

A sense of accomplishment

Develop a Plan of Direction for the next month

What Stops Me?

Unclear Options

What do I want instead?

Clarify Options

What Stops Me?

Gun Shot Approach

What do I want instead?

Narrow to 3-5 options

What Stops Me?

Paralysis by Analysis

What do I want instead?

Develop Criteria Sheet to Determine 3-5 options

Emotional Baggage

Get past the PAST

Sadness/Anger/
Depression/Rejection

It's a natural pattern to be in the Doldroms and get out of them

Not sure how to get out of Doldrums
Review actions needed and follow them to get to next phase/chapter

Disorganized

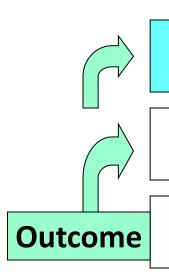
Organized "Office"

Not sure how to organize everything

Locate Resources that = my organization style

No dedicated "office"

Designate specific space/room for "transition work"



Live on Purpose

Increase Self-Satisfaction

Become a Coach

What Stops Me?

Not sure what "Coaching" isand if I need to learn new skills

What do I want instead?

Discover what Coaching is and if I need to Learn new skills

What Stops Me?

Don't know where to locate them

What do I want instead?

Go on Web, Talk to coaches, locate best coaching school

What Stops Me?

Not sure what Hudson will require of me

What do I want instead? Contact Hudson and commit to Certification Program

Time in life to do this

Research to find out how much time may be required

Not sure if I can make time in my life for new endeavor

Affirm inner voice that tells me there is no better time

Concern that Life Launch intromay be an Amway hook

"Jump" and Attend Life Launch and see what it is all about

Don't know what kind of coach I want to be

Learn dif types of coaching

Not sure if I want to limit my practice to just coaching or add to toolbox of private practice

Talk to Coaches/Consultants/ personal Coaches and research to see what options there are

Concerrn that it is going to take too long and I want to go for it

Breathe in Breathe Out...
demonstrate Cocoon time
is ok place to be...

Outcome			
What Stops Us?			
What do we want instead?			
What Stops Us?			
What do we want instead?			
What Stops Us?			
What do we want instead?			

Action Plan-....turn over your Outcome Map

Take the actions noted and list them:

Put a line next to each of the items:

Jot down a date by which you will complete the item:

Note any resources you will need to have in order to meet your deadline:

How do you know you have succeeded?

What STF will let you know you have succeeded?

Future Tense/Outcome Focus

It is now 6 months later

and you looking back and reflecting on your success

Turn to the person next to you-It is May...Share what it is like
since you have succeeded with your outcome
and you feel you are on purpose

What was the first thing you did that started to turn the tide toward success?







It does not mean to be in a place where there is no chaos, challenges, or hard choices; It means to be in the midst of those things and be focused, strategic and thriving!



awakening potential * celebrating self-discovery * exploring options * seeing possibilities * moving on purpose



Diane Wendt, Gilbert, Arizona

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Core Services: Transitions- Life Tapestries, Cancer Coaching, Outcome Mapping

For those transitioning times for individuals, groups and organizations when things just seem out of sync.

Diane and her team specialize in adult transitioning including outcome focused-educational outreach services for those desiring degree and certification completion as well as learning environment design / development. AtEz is aligned with Professional Coaches and Consultants nationwide who share the commitment in evoking personal excellence and professional achievement.

Her keynote presentations on topics like "Today's MADD Dance" (Mergers/ Acquisitions/ Divestiture/ Downsizing) and "Life Beyond Eeyore-Getting the Results YOU Want", have been acclaimed for her use of both humor and insights gathered from over 50 years helping those traversing through white-water environments in private/public/corporate sectors.





